



Xalapa 2024 World Para Athletics Grand Prix
Abierto Mexicano de Para Atletismo
5th – 7th April 2024



1. Organization

The Comité Paralímpico Mexicano (COPAME) is pleased to welcome all nations to our annual Abierto Mexicano de Para Atletismo, that will be part of the Grand Prix Season of World Para Athletics (WPA) for the third time.

Organized by the COPAME, this event has the support of the Comisión Nacional de Cultura Física y Deporte (CONADE) and the Instituto Veracruzano del Deporte (IVD).

2. Contact

- Emanuel Franco Garibay Gómez, NPC Mexico General Manager: emanuel.garibay@copame.org.mx
- Gabriela Sanchez Guzman, Grand Prix General Director: gerenciadesarrollo@copame.org.mx

3. Competition and training venue

Estadio "Heriberto Jara Corona" (Xalapeño)

- Address: Cayetano Rodríguez Beltrán S/N, Centro, 91090 Xalapa-Enríquez, Veracruz.
- General information: 8 lanes Conipur MX+full PUR (S-04-0043), CONICA AG, SUI.

4. Travelling to Mexico and Xalapa

- Xalapa is the capital city of the Mexican state Veracruz.
- The nearest airport is Veracruz International Airport.
- Local currency is the Mexican Peso.
- If participants need a special document to enter Mexico, please reach to Gabriela Sánchez Guzmán via email at gerenciadesarrollo@copame.org.mx. Please provide the following information: full name, nationality, role in the competition, passport.



5. Key dates

December 1st, 2023:

- Start period for:
 - Entries.
 - Classification.
 - Entry fee payment.
 - Accreditation.
 - Submission of arrivals and departures form.

February 15th 2024:

- Deadline for:
 - Entries.
 - Classification.
 - Accreditation.

March 15th 2024:

- Deadline for:
 - Entry fee payment.
 - Submission of arrivals and departures form.

March 25th 2024:

- LOC will send the transportation schedule (for arrivals and during classification and competitions dates).
- LOC will send the training schedule.
- LOC will send the Team Leader's Manual.
- LOC will send the final competition programme.

March 31st 2024: Official arrivals.

April 1st – 4th 2024: Classification.

April 5th – 7th 2024: Competitions.

April 8th 2024: Official departures.ç



6. Local transportation

- Ground transportation from Veracruz International Airport to the Hosting Hotels will be provided only on March 31st and April 3rd.
- From April 1st to 7th the LOC will provide local transportation for teams staying at the hosting hotels to the competition venue.
- Ground transportation from Hosting Hotels to Veracruz International Airport will be provided only on April 8th.
- The LOC will transport the team's equipment (throwing frames, competition wheelchairs, javelins, shotputs, etc.) to the storage area in the competition venue.
- To be able to arrange transportation we kindly request you to submit the Arrivals and Departures Form before the deadline.

7. Accommodation and catering

- A hosting hotel and two more hotels are offered, so participants can choose the best option for accommodation.
- Please do not forget to mention you will be attending the Xalapa 2024 Grand Prix.
- Catering will be in respective hotels and it is included in the package.
- In case participants decide to choose other options for accommodation, we kindly ask to notify the LOC beforehand.

Gamma Xalapa Nubura

- **Address:** Av. Adolfo Ruiz Cortines 912. Col, U.H. del Bosque, 91010 Xalapa-Enríquez, Veracruz.
- **Contact:**
 - **Email:** ventas2@gammaxalapa.com
 - **Phone:** +52 228 368 5000
- **Costs:** This can be consulted directly with the hotel.
- **Distance from competition venue:** 7.8 km.



City Express Xalapa

- **Address:** Boulevard Cristobal Colon 391, Jardines de las Ánimas, 91190 Xalapa-Enríquez, Veracruz.
- **Contact:**
 - **Email:** gtoledo@hotelescity.com
 - **Phone:** +52 55 6658 5204
- **Costs:** This can be consulted directly with the hotel.
- **Distance from competition venue:** 1.3 km

Holiday Inn Express Xalapa

- **Address:** Ignacio Zaragoza 8, Zona Centro, Centro, 91000 Xalapa-Enriquez, Veracruz
- **Contact:**
 - **Email:** asesor1@hiexal.com.mx
 - **Phone:** +52 228 100 9019
- **Costs:** This can be consulted directly with the hotel.
- **Distance from competition venue:** 5.7 km

8. Entries and accreditation

- Registration is open to athletes of all NPC complying with their obligations marked in the IPCs Constitution.
- Athletes must be licensed by World Para Athletics for the year 2024.
- Registration and accreditation are through the SDMS System <https://db.ipc-services.org/sdms/app/login>
 - Please take note of the key days listed above in this document.
- Entry fee is mandatory for teams to receive their accreditations and have access to the competition venue.
- Entry fee will have the following costs:
 - Athletes: \$80 USD.
 - Staff member: \$50 USD.



- In case a reimbursement is needed the following needs to be considered:
 - Before March 15th only 50%
 - After March 15th no reimbursement.
- After the entries period the LOC will send teams an invoice and the bank information for transfers and payments.

11. Competition

- The most current World Para Athletics Rules and Regulations will apply for this event and can be found in <https://www.paralympic.org/athletics/rules>
- All events offered are featured in the Paris 2024 Paralympic Games Competition Programme.
 - Program per day will be sent after the registration closing date.
- Technical meeting will be delivered at 19:00 hrs on April 4th, 2024 at the competition venue.
 - Only NPC / NF Delegate can attend the technical meeting.
- Start lists will be produced after the technical meeting and sent to the delegates.
 - Bib numbers will be given at the end of the technical meeting.
- Protests will have a cost of 150 EUR.

12. International Classification

- International classification for PI, VI and II will be at the competition venue and is open for athletes with a status of New (N), Review (R) or Review 2023.
- Registration for classification is through the SDMS System <https://db.ipc-services.org/sdms/app/login>
- Classification schedule will be provided by World Para Athletics (WPA) to each NPC or NF.



13. Antidoping

- Controls will be conducted by the Comité Nacional Antidopaje (CNA) which is the national organism of the World Anti-Doping Agency (WADA).

14. Medical services

- Appropriate and full medical services will be available at the venue to attend incidents.
- Medics and ambulances will be available at all moments during training and competition.
- It is the responsibility of each team to attend the competition with medical insurance to cover higher costs and to have specific medical personnel.
- All medical attention will be given at Hospital General 11 IMSS
 - **Adress:** Nicolas Bravo, Zona Centro, Centro, 91000 Xalapa-Enriquez, Veracruz.
 - **Phone number:** +52 228 818 5555



Competition Programme

Event Name	Event Type	Eligible Classes
Men's 100m T72	100m	T72
Men's High Jump T42	High Jump	T42
Men's High Jump T44	High Jump	T44
Men's High Jump T45	High Jump	T45
Men's High Jump T46	High Jump	T46
Men's High Jump T47	High Jump	T47
Men's High Jump T63	High Jump	T63
Men's High Jump T64	High Jump	T64
Men's Long Jump T11	Long Jump	T11
Men's Long Jump T12	Long Jump	T12
Men's Long Jump T13	Long Jump	T13
Men's Long Jump T20	Long Jump	T20
Men's Long Jump T36	Long Jump	T36
Men's Long Jump T37	Long Jump	T37
Men's Long Jump T38	Long Jump	T35, T38
Men's Long Jump T42	Long Jump	T42
Men's Long Jump T43	Long Jump	T43
Men's Long Jump T44	Long Jump	T44
Men's Long Jump T45	Long Jump	T45
Men's Long Jump T46	Long Jump	T46
Men's Long Jump T47	Long Jump	T47
Men's Long Jump T61	Long Jump	T61
Men's Long Jump T62	Long Jump	T62
Men's Long Jump T63	Long Jump	T63
Men's Long Jump T64	Long Jump	T64
Men's Shot Put F11	Shot Put	F11
Men's Shot Put F12	Shot Put	F12
Men's Shot Put F20	Shot Put	F20
Men's Shot Put F32	Shot Put	F32
Men's Shot Put F33	Shot Put	F33
Men's Shot Put F34	Shot Put	F34
Men's Shot Put F35	Shot Put	F35
Men's Shot Put F36	Shot Put	F36
Men's Shot Put F37	Shot Put	F37
Men's Shot Put F38	Shot Put	F38



Men's Shot Put F40	Shot Put	F40
Men's Shot Put F41	Shot Put	F41
Men's Shot Put F42	Shot Put	F42
Men's Shot Put F45	Shot Put	F45
Men's Shot Put F46	Shot Put	F46
Men's Shot Put F53	Shot Put	F53
Men's Shot Put F54	Shot Put	F54
Men's Shot Put F55	Shot Put	F55
Men's Shot Put F56	Shot Put	F56
Men's Shot Put F57	Shot Put	F57
Men's Shot Put F61	Shot Put	F61
Men's Shot Put F63	Shot Put	F63
Men's Discus Throw F11	Discus Throw	F11
Men's Discus Throw F37	Discus Throw	F37
Men's Discus Throw F43	Discus Throw	F43
Men's Discus Throw F44	Discus Throw	F44
Men's Discus Throw F51	Discus Throw	F51
Men's Discus Throw F52	Discus Throw	F52
Men's Discus Throw F54	Discus Throw	F54
Men's Discus Throw F55	Discus Throw	F55
Men's Discus Throw F56	Discus Throw	F56
Men's Discus Throw F62	Discus Throw	F62
Men's Discus Throw F64	Discus Throw	F64
Men's Javelin F12	Javelin	F12
Men's Javelin F13	Javelin	F13
Men's Javelin F33	Javelin	F33
Men's Javelin F34	Javelin	F34
Men's Javelin F38	Javelin	F38
Men's Javelin F40	Javelin	F40
Men's Javelin F41	Javelin	F41
Men's Javelin F42	Javelin	F42
Men's Javelin F43	Javelin	F43
Men's Javelin F44	Javelin	F44
Men's Javelin F45	Javelin	F45
Men's Javelin F46	Javelin	F46
Men's Javelin F52	Javelin	F52
Men's Javelin F53	Javelin	F53
Men's Javelin F54	Javelin	F54



Men's Javelin F55	Javelin	F55
Men's Javelin F56	Javelin	F56
Men's Javelin F57	Javelin	F57
Men's Javelin F61	Javelin	F61
Men's Javelin F62	Javelin	F62
Men's Javelin F63	Javelin	F63
Men's Javelin F64	Javelin	F64
Men's Club Throw F31	Club Throw	F31
Men's Club Throw F32	Club Throw	F32
Men's Club Throw F51	Club Throw	F51
Men's 100 m T11	100 m	T11
Men's 100 m T12	100 m	T12
Men's 100 m T13	100 m	T13
Men's 100 m T33	100 m	T33
Men's 100 m T34	100 m	T34
Men's 100 m T35	100 m	T35
Men's 100 m T36	100 m	T36
Men's 100 m T37	100 m	T37
Men's 100 m T38	100 m	T38
Men's 100 m T42	100 m	T42
Men's 100 m T44	100 m	T43, T44
Men's 100 m T45	100 m	T45
Men's 100 m T46	100 m	T46
Men's 100 m T47	100 m	T47
Men's 100 m T51	100 m	T51
Men's 100 m T52	100 m	T52
Men's 100 m T53	100 m	T53
Men's 100 m T54	100 m	T54
Men's 100 m T62	100 m	T62
Men's 100 m T63	100 m	T63
Men's 100 m T64	100 m	T64
Men's 200 m T35	200 m	T35
Men's 200 m T37	200 m	T37
Men's 200 m T51	200 m	T51
Men's 200 m T64	200 m	T44, T64
Men's 400 m T11	400 m	T11
Men's 400 m T12	400 m	T12
Men's 400 m T13	400 m	T13



Men's 400m T20	400m	T20
Men's 400 m T34	400 m	T33, T34
Men's 400 m T36	400 m	T36
Men's 400 m T37	400 m	T37
Men's 400 m T38	400 m	T35, T38
Men's 400 m T45	400 m	T45
Men's 400 m T46	400 m	T46
Men's 400 m T47	400 m	T47
Men's 400 m T51	400 m	T51
Men's 400 m T52	400 m	T52
Men's 400 m T53	400 m	T53
Men's 400 m T54	400 m	T54
Men's 400 m T62	400 m	T43, T62
Men's 800 m T33	800 m	T33
Men's 800 m T34	800 m	T34
Men's 800 m T53	800 m	T51, T52, T53
Men's 800 m T54	800 m	T54
Men's 1500 m T11	1500 m	T11
Men's 1500 m T12	1500 m	T12
Men's 1500 m T13	1500 m	T13
Men's 1500 m T20	1500 m	T20
Men's 1500 m T37	1500 m	T37
Men's 1500 m T38	1500 m	T38
Men's 1500 m T45	1500 m	T45
Men's 1500 m T46	1500 m	T46
Men's 1500 m T51	1500 m	T51
Men's 1500 m T52	1500 m	T52
Men's 1500 m T53	1500 m	T53
Men's 1500 m T54	1500 m	T54
Men's 5000 m T11	5000 m	T11
Men's 5000 m T12	5000 m	T12
Men's 5000 m T13	5000 m	T13
Men's 5000 m T53	5000 m	T53
Men's 5000 m T54	5000 m	T54
Women's 100m T72	100m	T72
Women's Long Jump T11	Long Jump	T11
Women's Long Jump T12	Long Jump	T12
Women's Long Jump T20	Long Jump	T20



Women's Long Jump T36	Long Jump	T36
Women's Long Jump T37	Long Jump	T37
Women's Long Jump T38	Long Jump	T36, T38
Women's Long Jump T42	Long Jump	T42
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Women's 100 m T34	100 m	T34
Women's 100 m T35	100 m	T35
Women's 100 m T36	100 m	T36
Women's 100 m T37	100 m	T37



Women's 100m T38	100m	T38
Women's 100 m T42	100 m	T42
Women's 100 m T43	100 m	T43
Women's 100 m T44	100 m	T44
Women's 100 m T45	100 m	T45
Women's 100 m T46	100 m	T46
Women's 100 m T47	100 m	T47
Women's 100 m T51	100 m	T51
Women's 100 m T52	100 m	T52
Women's 100 m T53	100 m	T53
Women's 100 m T54	100 m	T54
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Women's 1500 m T54	1500 m	T54
Women's 5000 m T53	5000 m	T53
Women's 5000 m T54	5000 m	T54